

ReRunS

Recycled Running Shoes

You jog in them and race in them. When you wake up early for that morning run they are there for you. They have a special place in your closet and in your heart. They are your running shoes, but what happens when you've loved them to death?

When you buy new running shoes, recycle your old shoes with **ReRunS**. Give your old shoes a new life by giving them to a kid who has no running shoes. Many kids with Team Kids Café need running shoes, and your recycled running shoes will be as good as new for a kid who has none. All types, sizes, male and female athletic shoes are needed. And you thought your shoes would never run again. Your recycled running shoes are given new life with **ReRunS**.

Bring your running shoes to any West Texas Running Club race and deposit them in the **ReRunS** recycling bin located next to the trailer.

You can also recycle your running shoes at these fine retailers:

- FootTech, 3407 34th Street.
- New Balance, 5027 Milwaukee Avenue.
- Cardinal's Sport Center, 6524 Slide Road.

Waste is a terrible thing to mind – Recycle with **ReRunS!!!**

About Team Kids Café: Team Kids Cafe is a coordinated training program to promote running and fitness to children of the South Plains Food Bank's Kids Café after-school program. The main objective of the Team Kids Café program is to achieve positive changes in the long term health of children by encouraging active and healthy lifestyles through running. Research shows that running can help children do better in school, manage stress, and reduce childhood obesity. Volunteer running coaches will develop Team Kids Café running teams at each of the Kids Café locations. The training program will begin on March 5th, 2012 and culminate with the opportunity for the children to participate in the Kids Café Fun Run held in conjunction with the Run for the Arts on Saturday, April 14th, 2012. For more information or if you would like to volunteer, contact Terry Dalton at tdalton51@hotmail.com or 806-777-1456.

About Kids Cafe: http://www.spfb.org/site/c.lgLQIV0yGpF/b.5542383/k.EA5D/Kids_Cafe.htm

About the South Plains Food Bank: www.spfb.org/

About the West Texas Running Club: <http://wtrunning.com/>